

A yellow bulldozer is shown in the process of dumping a large pile of trash at a landfill. The bulldozer is positioned on the left side of the frame, with its front loader bucket raised and tilted, dumping a large amount of waste. The waste consists of various types of trash, including plastic bags, cardboard boxes, and other debris. The background shows a hilly landscape under a cloudy sky. The word "unpacked" is overlaid in large black text in the upper center of the image.

unpacked


You are what you eat... and what it's packaged in.



# SYNOPSIS

Each day, billions of people around the world check nutrition labels to see if the food they're eating is organic, kosher, vegan, gluten-free, farm raised, cage-free, or non-GMO. During this laborious process, how often do people consider the packaging that houses the food they're eating? Our contention is not very often.



A close-up photograph of a woman with long dark hair, wearing a dark lab coat, clear safety goggles, and blue nitrile gloves. She is looking intently at something off-camera to the right. Her right hand is raised near her face, and her left hand is also visible, holding a small object. The background is a bright, slightly out-of-focus laboratory environment.

At its core, Unpacked, is an exploration into the packaging that we use daily, and the effects that packaging is having on our bodies as well as the environment. The film delves deeply into the science of the bottles you drink from and the wrappers you eat from. We speak to some of the most renowned scientists in the world who outline the health affects and chemicals our bodies are exposed to daily.

But Unpacked doesn't just leave the viewer up the creek without a paddle. We give solutions. We speak to individuals who are combatting these nasty products by utilizing green chemistry to develop products that are safe for our bodies and the environment. We speak to individuals who are leading zero waste lifestyles and cutting out packaging from their lives altogether. We empower you, the viewer, to make sound and informed decisions about the packaging you use in your daily life.

# MAKING OF THE FILM

**Unpacked is just about as organic and authentic as a film can be. Developed, produced and directed by a group of friends, there are no special interests being catered to with this documentary. In fact, not a dime of the money used to fund this film came from any corporation or special interest group.**

The film is directed by lifelong friends Jack Nitz and Tom Winter who grew up in Upper Darby, PA, on the western outskirts of Philadelphia. Growing up, the two were enamored with film and quickly recognized it as their passion in life. They studied film at Temple University in Philadelphia. Throughout their lives, litter and food waste were ubiquitous with their environment. After college, Jack and Tom moved to Los Angeles where they pursued their careers in the film industry. They have worked on the sets of numerous big budget productions in a variety of different genres. Their experience has enabled them to create a documentary on a topic that is not only important to them, but something they view as unacknowledged by the public.



Unpacked is produced by Alex Abisaleh and Jeff Goosley who met each other as roommates at Temple University. Their equally emphatic passion for film led them to befriending Tom and Jack and working on a variety of projects together on Temple's campus. In 2010, Alex and Jeff founded Literally and Figuratively to develop projects with talented individuals who seek to create excellent and compelling content.



# CREW

<b>Directors</b>	Tom Winter and Jack Nitz
<b>Producers</b>	Jeff Goosley and Alex Abisaleh
<b>Editors</b>	Bill Hilferty, Tom Winter and Jack Nitz
<b>Cinematography</b>	Jack Nitz
<b>Sound Mixing</b>	Erich Hamil and Graham Cooper
<b>Sound Design</b>	Evan Hodick
<b>Original Score</b>	Kyle McKay
<b>Animation</b>	Stephen Nitz
<b>Narration</b>	Delbert Hunt

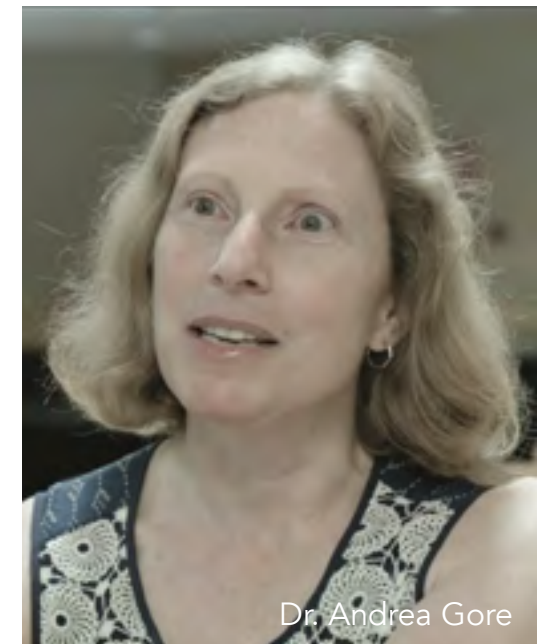


# PARTICIPANTS

<b>Dr. Andrea Gore</b>	University of Texas
<b>Dr. David Rosner</b>	Columbia University
<b>Dr. Jane Muncke</b>	Managing Director of the Food Packaging Forum
<b>Dr. Gerald Markowitz</b>	City University of New York
<b>Dr. Carol Kwiatkowski</b>	Executive Director of TEDx
<b>Dr. Daniel Schmidt</b>	University of Massachusetts
<b>Dr. John Peterson Myers</b>	CEO & Chief Scientist of Environmental Health Sciences
<b>Dr. Frederick vom Saal</b>	University of Missouri
<b>Dr. Joel Tickner</b>	University of Massachusetts
<b>Dr. Martin Wagner</b>	Goethe University
<b>Milena Glimbovski</b>	Founder of Zero Waste Shop
<b>Mariah Blake</b>	Reporter at Mother Jones
<b>Dr. Ramaswamy Nagarajan</b>	University of Massachusetts
<b>Dr. Laura Vandenburg</b>	University of Massachusetts
<b>Bea Johnson</b>	Founder of Zero Waste Home
<b>Dr. Peggy Tomasula</b>	USDA
<b>Laetitia Bonnaillie</b>	USDA
<b>Dr. David Crews</b>	University of Texas
<b>Dr. George Bittner</b>	University of Texas
<b>Dr. Valerie Hu</b>	George Washington University
<b>Dr. Nancy Wayne</b>	UCLA
<b>Dr. Frederica Perera</b>	Columbia University
<b>Dr. Frank von Hippel</b>	Princeton University
<b>Dr. Tracey Woodruff</b>	University of California San Francisco
<b>Katy Farber</b>	Educator & Writer



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